

# BODYLINES

## FACE & BODY SPA

Beauty, health and wellness are intricately linked.

Visit our New Spa lounge for a range of Face, Body and Holistic therapies.

Book exclusive use of both of our beautifully tranquil Spa rooms for small to medium groups.

Treat you partner or friend and yourself to a Couples treatment or package.



**nimue**  
SKIN TECHNOLOGY



# BODYLINES

## FACE & BODY SPA

Prices Include VAT 08/19

Course (6)

### Facial Treatments

Initial Consultation - 15mins	FREE	
Therapeutic facial - 60mins	£50.00	
Deep Cleanse Facial - 60mins	£50.00	
Active Rejuvenation Peel - 60mins	£70.00	£370.00
Glycolic 35% Peel - 60mins	£80.00	£420.00
Advanced Skin Resurfacing Complex - 60mins	£80.00	£420.00
Smart Resurfacer Peel - 60mins	£80.00	£420.00
Bespoke Courses of peels on Consultation (saving 10-15% )		
Micro Needling (coming late 2019)		
Thermal Detox Peel - 30 mins	£39.50	
Thermal Detox & Home Care Kit - 30 mins	£79.50	(incl kit worth 55.00)
Teenage facial and skincare lesson - 30 mins	£32.00	
Touch Therapies - 15 mins	£10.00	

### Body Treatments

Full body Exfoliation - 30 Mins	£32.00
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### Massage

Hot Stones Full Body - 60 Mins	£49.00
Hot Stones Back and Neck - 60 Mins	£34.00
Swedish Full body - 60 Mins	£47.00
Swedish Back and Neck - 60 Mins	£32.00
Couples Massage (book any massage and save £5 each)	
Reflexology - 60 Mins or / 45 Mins*	£45.00 / *£37.50
Indian Head Massage - 30 Mins	£34.00
Touch Therapies - 15 Mins	£11.00



BOOK  
TODAY

Tel: 01795 420 707  
[www.bodylines.biz](http://www.bodylines.biz)

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Nimue Skin Technology is a derma-cosmeceutical brand that was developed in 1994 by leading skincare scientists and doctors aimed at the medical market for pre- and post-operative application.

Since then, Nimue has evolved into a recognised professional skincare brand, used only in advanced skin care clinics, and is renowned for an expert understanding of the skin, innovative formulations, and cutting edge technology.

Nimue's advanced and powerful formulations effectively treat the majority of skin concerns including: fine lines, wrinkles, sagging, pigmentation, uneven skin tone, dryness, oiliness, acne, rosacea & eczema.

Our facial services are bespoke and following a free consultation, we can advise a product and/or treatment programme for the following issues:

- Young skin breakouts and acne (age 10-18)
- Adult Acne Vulgaris and Rosacea
- Signs of aging including sagging skin, lines and dullness
- Hyper-Pigmentation patches
- Sensitised and sensitive skins
- Tired, dull and irritated skins.

## YOUR NIMUE JOURNEY

Your journey to optimum skin health with Nimue will start with your Free Skin Analysis.

Your bespoke package of products, and eventually treatments will be a slow considered approach to ensure we achieve the best results for your skin.

Your Nimue Skin Therapist will have a choice of 3 initial treatments that you can start on, and then progress onto the advanced programme of peels and skin resurfacers.

Nimue believes in Maximum penetration with Minimum irritation. We treat both male and female skins, and adults and youths.

## MASSAGE

Care of the body and relaxation of the mind through massage is an ancient art, with its value proven over centuries for dispelling the cares and tensions of everyday life. Massage Therapy in all its forms has a role to play in many chronic conditions, such as arthritis.

Confidence returns, life improves and everyone around benefits. The therapist is primarily concerned with general massage, to bring about relaxation which eases physical and mental tension.

By altering the combination of movements a more stimulating effect can be created, which leaves the client feeling toned and invigorated, rather than relaxed and sleepy. Physiological benefits include; nourishment of the skin and all its structures, stimulation and well being.